

CNME

Loddon Mallee

2021

# Topic Talks

## Diabetes

The rates of diabetes in Australia are high and increasing. The prevalence means that most health professionals will need to care for someone with this condition. This week, let's concentrate on Diabetes.

Diabetes is the epidemic of the 21st century and the biggest challenge confronting Australia's health system.

### Did you know?

- 280 Australians develop diabetes every day. That's one person every five minutes
- Around 1.8 million Australians have diabetes. This includes all types of diagnosed diabetes (1.3 million known and registered) as well as silent, undiagnosed type 2 diabetes (up to 500,000 estimated)
- More than 100,000 Australians have developed diabetes in the past year

## Let's talk

Suggested questions to ask yourself or your peers this week



### How would you rate your level of understanding of this topic?

Watch a webinar, listen to a podcast, look at the websites. Learn something new.

### What is your understanding of the current treatment options available for diabetes?

Find out what is available to people living with diabetes in your community.

### What are your organisational policies / procedures related to care of diabetes?

Find out what the policies / procedures are. Are they aligned with current recommendations?

### What are 2 new pieces of information you have learned about the topic this week?

Think about what you have learned. How can you use this learning going forward?

# Loddon Mallee Activities and Resources



## What's on the Web?



## References:



### Tuesdays@2 Webinar Series

Tuesday 15th June 2pm : Join the webinar via the [Bendigo Health Website](https://www.bendigohealth.org.au/health-website)

or via zoom <https://bendigohealth.zoom.us/j/93324155450?pwd=Nm9iSUZmSEl4enJHWFRheWRtaTdaUT09>

#### Speaker:

- Hosted by Catherine Barnes

**Topic:** Pre recorded Patient Story: Recovery from Diabulimia

#### E-Learning:

- Diabetes Australia <https://www.diabetesaustralia.com.au/for-health-professionals/tools-elearning/>
- International Diabetes Federation <https://idf.org/our-activities/education/d-net-network.html>

#### Webcasts:

- Diabetes Qualified: [Diabetes Webinars](#)
- Diabetes Victoria: [Webinars](#)
- Royal Children's Hospital: [Diabetes Webinars](#)
- Simple Nursing (2019) Diabetes, Pathophysiology, Signs and Symptoms. [13:41] <https://www.youtube.com/watch?v=XAW6PqVGnbE>
- OnlineMedEd (2020) Diabetic Ketoacidosis [23:02] [https://www.youtube.com/watch?v=pCym\\_lxYayo](https://www.youtube.com/watch?v=pCym_lxYayo)
- Medtronic Diabetes Australia: COVID19 & Diabetes Technology [55:31] <https://www.youtube.com/watch?v=aN9ZlyNjLlI>
- Australian Medical Association (2020, Nov 20) Sugar Blinded: The toxic impact of sugar and the rise of type 2 diabetes in Australia. [1:12:58] <https://www.youtube.com/watch?v=Um0ZcsiB4kk>

#### Podcasts:

- Dr John Campbell: Diabetes Podcasts <https://youtu.be/XgGJpU6ITl0>

#### Web Sites:

- [Diabetes Australia](#)
- [Diabetes Victoria](#)
- [National Diabetes Services Scheme](#)

- AIHW (2020) Diabetes. Retrieved from <https://www.aihw.gov.au/reports/diabetes/diabetes/contents/how-many-australians-have-diabetes>
- Davis, W., Peters, K., Makepeace, A., Griffiths, S., Blundell, C., Grant, S., Ellard, S., Hattersley, A., Chubb, S., Bruce, D., Davis, T., (2018) The prevalence of diabetes in Australia: Insights from the Fremantle Diabetes study Phase II. Internal Medicine Journal. 48(7): 803-809
- Diabetes Australia (2021) Diabetes in Australia. Retrieved from <https://www.diabetesaustralia.com.au/about-diabetes/diabetes-in-australia/>